

HEALTH&FITNESS INSIDE STORY

BEST_{OF} HEALTH

by Joseph Jones



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fter settling into work, school and your new home, finding a good doctor is an important

priority for expatriates. The decision can be a complex one: a doctor's background, medical experience and approach, where they are located and how much they charge are just some of the factors that need to be considered. Here are some recommendations

from our readers.



Although I have been in Singapore for over two years, I was only referred to the Hand, Wrist and Upper Limb Surgery from Accident and Emergency at Gleneagles Hospital after my sports-crazy nine-year-old son, Robbie, broke his finger while playing soccer at school. There was a serious rotation of the bone, meaning that it rotated in its socket, and Robbie required hand surgery.

I was very happy with Dr Lee. He explained everything in detail and kept us informed all the time of what to expect during the surgery and after it. He even took photographs during the operation to show me, while Robbie was recuperating, exactly what he had done. Although my son was not happy with being stopped from playing rugby, and a little nervous about going under general anaesthetic, he was very comfortable with Dr Lee. As a medical doctor myself, I often expect more, and he met every expectation. I had full confidence in his ability as a hand surgeon and Robbie's finger is now completely fine and 100-percent functional.

Cherie Daly - South Africa